

Vox Institute

Training and Research Institute
Institut de formation et de recherche
Spécialisé en expression orale et psychologie sociale

Organizational Climate
and the
Strategic Use of Emotions
by
Branka Zei Pollermann PhD

July 2020 12th and 13th

Both scientists and practitioners have shown increasing interest in studying emotions in organizations. Affective Event Theory (Weiss and Cropanzano 1996) was a substantial contribution to the study of the role of emotions in the workplace. It was found that the frequency of certain types of emotions acted directly on motivation, efficiency, job satisfaction and health. **Emotion work was thus defined as the process necessary to regulate organizationally desired behaviour.**

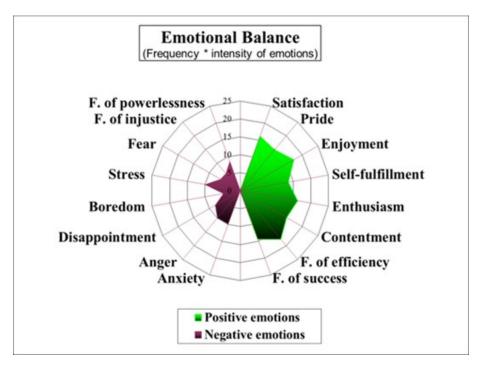
B. Zei's research (presented at the <u>Scientific Meeting of American Psychosomatic Society</u>) showed that positive emotional climate can improve health and team performance, prevent stress and help employees to flourish at the work place.

WORKSHOP OBJECTIVES

- 1. Master the theory and practice of the interplay between **reason and affect** in guiding human behaviour.
- 2. Get familiar with methods of **inducing the desired behaviour** by stimulating the appropriate emotional dispositions.
- 3. Get acquainted with 3 practical tools (online questionnaires)
- 4. Master modern approaches to employee motivation approaches "beyond the stick and carrot".

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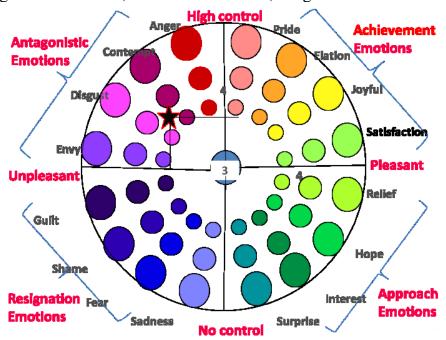
Tool #1 Emotional Balance/climate: assesses the proportion of positive vs. negative emotions experienced at work. If the frequency of positive emotions exceeds that of negative emotions, the person is experiencing «emotional balance» which assures normal professional functioning (including good physical health and psychological well-being).



Solutions: Define which emotions should be prevented / enhanced and how and who can initiate and implement the solutions?

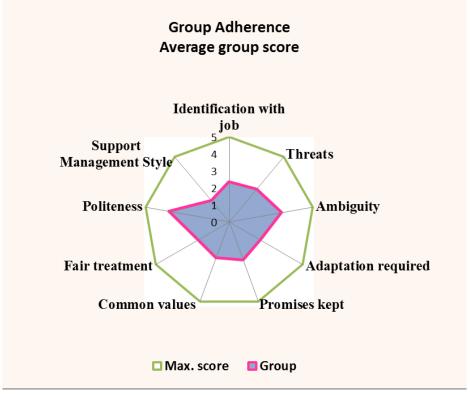
Tool #2: Assessment of triggers of emotional reactions:

Emotion wheel - measures the emotional climate in terms of 4 emotion families: approach emotions, antagonistic emotions, avoidance emotions, resignation emotions.



Solutions: Four strategies for getting into the desired quadrant are presented.

Tool #3: Group adherence (perceived group-level fit)



Solutions: Nine strategies to enhance group adherence.

Early bird Price: CHF 990.-**Standard Price**: CHF 1100.-

Venue 1: Vox Institute – 17 rues des Maraîchers, 1205 Geneva



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Trainer



Branka Zei-Pollermann PhD is founder and director of Vox-Institute-Geneva. Her work is grounded in the most recent scientific discoveries in social psychology and speech communication. She has been personally involved in Geneva University scientific research since 1980. She is author of

numerous publications. Her professional profile is multi-disciplinary and her academic credentials include: a doctorate in psychology and three MA degrees (linguistics, cognitive psychology, and English and Italian literature). Her postgraduate studies include: phonetics, linguistics, philosophy and sociology. In parallel to her work at Vox-Institute, she held part-time teaching and research positions at: Geneva University (Faculty of Psychology), Geneva University Hospitals, CERN, and Zagreb University (Phonetics Institute). She works in leadership development with special emphasis on social and emotional skills applied to speech communication.

